

# *Jennifer Bell*

## *The 7 Pillars for Acquiring, Maintaining and Thriving in Your Career*

In today's ever changing digital world of social media, software, and apps, it seems technology is the huge door through which anyone looking for a new job in any industry must get through. Seeking and applying for a job often starts on the world-wide web. Even those who are self-employed or budding entrepreneurs find it necessary in some manner or another to use the internet for various business purposes.

As a performing and visual artist who started working professionally in the early 80's, technology was not a vital tool or resource in my life until the mid 90's. Before then, communicating and managing tasks were done in the "old fashioned" yet effective manner using books, pen and paper, telephones (for talking only!), "snail mail" and of course, in person meetings. Some how I, and those of my generation managed to get things done, get hired, and start businesses.

While I am all on board with and use various digital products for personal and professional purposes, there are still some effective manual, digital-free approaches to finding a job and managing your career.

After years of working for myself I understand the challenges unique to those who are self-employed and business owners. I also know the challenges that those seeking employment face, as I have simultaneously worked on my business and worked a job in order to remain financially stable or to get back on my feet during slow times.

I can say however, that as challenging as finding a job can be, there is no shortage of jobs or ways of making money; there is only a shortage of creative and strategic thinking. I am grateful that my parents, certain managers and my own self-awareness helped me to enjoy a successful career life in spite of the challenges. I also appreciate that my mistakes, poor judgment earlier in my career served as learning opportunities.

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At this stage of my life and career, one of my missions is to help others discover their ideal career and excel at their jobs. As someone who has worked as a part-time employee as well as a manager of various businesses, I have observed some of the key factors that hinder people from finding the ideal job or being successful and excelling in their career.

I have 7 Pillars in which I would like to offer advice based on my personal experience as well as how I have helped friends and clients in their quest for the ideal job or purposeful career. The 7 Pillars will serve to guide students on their first job hunt as well as the adult professional looking to transition to another career, job or entrepreneurial endeavor. They will also be vital keys for those who have challenges on their current job.

**The 7 Pillars I have found to be key in career and business success and fulfillment are:**

- 1. Be a visionary.**
- 2. Be a creative thinker.**
- 3. Be a person of integrity.**
- 4. Be a relationship builder.**
- 5. Be strategic.**
- 6. Be professional.**
- 7. Be mentally flexible.**

I look forward to offering specific advice in each of the Pillar categories in hopes that it will offer beneficial results for those who struggle in their career or business and to the young adults starting out on their career path. The 7 Pillars can serve to benefit the artist, tech geek, educator, government official, cashier, HR Manager, and all professions in between.

I want you to be successful, fulfilled and thrive in your career life!

Jennifer Bell  
Lifestyle Management Coach

[Contact Jennifer Bell for more details and to book](#)