

## EVOLVE! TM Presentation and Communication Skills



When it comes to speaking in public or communicating with others in a professional setting, you may not be as confident. Even with personal matters, being able to confidently express yourself can mean the difference between love and war!

Evolve Coaching<sup>™</sup> provides guidance that will help the shyest, most introverted person develop or enhance their public speaking and communication skills. Even those with more confidence can often buckle when under pressure to perform. Jennifer Bell provides the guidance and feedback that will help you perform or communicate with ease and authenticity.

Learn the fundamentals of giving an effective speech, meeting presentation or business conversation. Receive guidance on body language use of stage or speaking area, eye contact, tine, speaking pace, vocal variety and more.

With personal matters, learn the basics of engaged listening and speaking with intention. These factors are important in handling sensitive topics and resolving misunderstandings and disagreements. In fact, learning the fundamentals of conversations can serve to prevent arguments in the first place!

Jennifer Bell is a club and area Toastmaster award winner, workshop facilitator, seasoned performing artist and performance coach. Her extensive knowledge and experience in entertainment and business warrant her an expert in teaching individuals how to present their best self in front of a few or many, no matter the environment or occasion.

Schedule a complimentary consultation to with Jennifer Bell to inquire more about her Workshops, keynotes or private coaching.

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